



# تعلق بالله اور نماز

Workshop on Importance of Khushu in Salah and how  
to develop Khushu

# Workshop Overview

## This Workshop has Three Parts

### Part 1 – 25 Minutes

- What we learned so far, Overview of Talluq Billah

### Part 2 – 75 Minutes

- Khushu in Prayer

### Part 3 – 30 Minutes

- Duas in Salah

# Part One – What we learned so far

25 Minutes

Interactive Discussion Lead by UP

Overview and Important Take away points we learned in previous sessions

1. جن و انس کا مقصد پیدائش-
2. مومن و مسلم کی زندگی کا محور صرف اللہ ربّ العالمین کی ذات
3. اللہ تعالیٰ سے محبت کا تقاضہ - عطیع اللہ و عطیع الرسول
4. صراط مستقیم کی ہدایت
5. اللہ کے ذکر سے غفلت برتنے کا انجام
6. تعلق باللہ کے ذرائع
7. تعلق باللہ کے موانع

## Part Two – Khushu in Salah

Activity Time:  
75 Minutes

UP should create 2 or  
3 groups

Assign a Lead for  
each Group

Each Group should  
read the material  
provided to them  
and note the points

Each Team should  
come up with PPT or  
Chart based on the  
Points given to them.

Following slide are  
the points to ponder  
for this session

# Part 2: Learning Objectives of this Session

To  
understand  
& Practice



1 What is Khushu?

2 What is the Importance of Khushu in Salah?

3 What are the ways and means to attain Khushu ?

4 Explain the steps outside of Salah to attain Khushu

5 How to protect our Prayers?

6 What are the factors which prevents to attain khushu & How to avoid them.

5 What are the glad tidings for the one who performs Salah

## Notes

- Divide the points in 2-3 Groups
- Ask them to prepare their Slides based on the given points

# Part Three – Adhkar in Salah

30 Minutes

Interactive Session Lead by UP

Recitation of Adhkars and Its meaning

We Have provided the Adhkar Book

For each part of the Salah there are many alternate Adhkars, Prophet Sallallahu alihi wa sallam used to recite and pray.

Rememberign those Adhkars and reciting them alternatively provide us to improve our Salah and Improve our concentration in the Salah.

Each Member of the Unit should come prepared and recite those Adhkars in the Session



**MAY ALLAH SUBHANAHU WA TALA  
HELP US ATTAIN KHUSHU IN SALAH**

**Ameen**